

TOPIC Acceptance & Belonging

LEVEL

Kindergarten

THEME

We All Belong

LEARNING OUTCOMES

At the end of the lesson, the students are expected to:

- Students will understand what it means to accept and belong.

MATERIALS

- “We All Belong” story handout (one per student)
- Crayons
- White board or chart paper and markers

ESSENTIAL QUESTIONS

- What does it mean to accept someone?
- How does it feel when you belong?

CHECK-IN / WELCOME (5 MINUTES)

Say: “I’m so happy to see each of you today. In Aavidum, we say ‘I’ve got your back!’ That means we care about each other and help everyone feel safe, included, and loved. Today, we’re going to talk about how we are the same in some ways and different in other ways, and how all of it is GOOD. When we celebrate our differences, we help everyone feel like they belong.”

Go around the circle and greet each child by name: “Hi, [name]!” The class repeats the greeting together.

GUIDED DISCUSSION / TOPIC INTRODUCTION (10 MINUTES)

Say: Look around the circle. Can you name something that is the SAME about everyone here?”
Examples: we are all people, we all go to the same school, we all have two eyes.

Write answers on the board or on chart paper under the heading: “We Are the Same.”

Ask: “Now, can you name something that is special about ONLY YOU?”

Examples: curly hair, wears glasses, loves soccer, has a pet cat.

Write answers on the board or on chart paper under the heading: “We Are Different.”

Reflection:

“Look at our two lists. Which one is longer?” (Students will usually say “different.”)

Say: “Wow! Look at how many special things make each of us unique!”

CONTINUED GUIDED DISCUSSION / TOPIC INTRODUCTION (10 MINUTES)

Ask: "What would it be like if everyone was exactly the same?"

(Prompt: "Would we all look alike? Eat the same food? Play the same games?")

Ask: "Why is it GOOD that we are different?"

(Guide them toward answers: "It makes life fun!" "We can learn from each other!" "It would be boring if everyone was the same!")

Say: "Our differences make our class colorful and exciting, and they help us learn new things about each other every day. That's what belonging is all about. It's about accepting and celebrating everyone!"

ACTIVITY: WE ALL BELONG (20 MINUTES)

Say: "Now I'm going to read a story called 'We ALL Belong.' It's about how we can include everyone and be kind, no matter what makes us different."

Read the book aloud, stopping occasionally to ask:

- "How are the kids in the story different?"
- "How do they include each other and become friends?"

Transition to Coloring:

"Now, we're going to color pictures from the story that show kindness and friendship. As you color, think about one way you can be a good friend and help others feel like they belong."

Pass out coloring pages and crayons. Play calm music while students color.

WRAP-UP (5 MINUTES)

Say: "Today we learned that we are all the same in some ways and different in others, and both are important! In Aavidum, when we say 'I've got your back,' it means we celebrate each other's differences and help everyone feel like they belong."

Ask:

- "What is one thing you can do if you hear someone being mean to another student because they are different?"
 - Sample answers: tell them to stop, get a teacher, invite the student to play, say kind words.

Say: "This week, I want you to do one kind thing to help someone feel like they belong. It could be saying 'hi,' sharing a toy, inviting someone to play, or giving a compliment. When we do that, we make our classroom a safe and happy place for everyone!"

End with the class saying together: "Aavidum means: I've got your back!"