

TOPIC

Leadership

LEVEL

Kindergarten

THEME

Leaders Take Care

LEARNING OUTCOMES

At the end of the lesson, the students are expected to:

- Name ways leaders show they care.
- Understand that they can be leaders by helping others and using kind words.
- Learn to say "I've got your back" with their actions and words.

MATERIALS

- Poster or whiteboard
- Heart cutout
- Space for movement

ESSENTIAL QUESTIONS

- What does a good leader do?
- How can I be a leader in my classroom and school?

CHECK-IN / WELCOME (5 MINUTES)

Say:

- "Today we're going to talk about what it means to be a leader. A leader is someone who helps others, uses kind words, and shows care. And guess what? You can be a leader right now, right here in kindergarten."

Ask:

- "Who do you think is a leader?"
- Let kids offer answers: teachers, principals, parents, older siblings, etc.
- "Those are great examples! But you can be a leader too when you help someone, when you share, and when you say nice things."

GUIDED DISCUSSION / TOPIC INTRODUCTION (5 MINUTES)

Sit in a circle. Show your poster or whiteboard.

Ask: "Let's think together: What are some ways that leaders take care of others?"

Write down their ideas on the board or on chart paper.

Offer prompts as needed like:

- Helping someone who's sad
- Sharing supplies
- Using kind words
- Helping a friend who's hurt
- Letting someone go first
- Including someone who's alone

As they share, affirm:

"Yes. That's showing leadership. That's saying: 'I've got your back.'"

ACTIVITY: KINDNESS CIRCLE (20 MINUTES)**Instructions:**

- Have students stand in a circle.
- Start by demonstrating:
 - "I'm going to say something kind to someone in the circle and hand them the heart. That person will say something kind to someone else and pass the heart, and so on."
- Model with a student: "Emma, I like how you always smile at your friends!" (hand heart)
 - "Thank you!" (Emma gives a kind sentence to another student and passes the heart)
- Continue until all students have received and given the heart. Guide any students who need help forming a kind sentence (whisper ideas or model).
- Alternative if time is tight:
 - Have kids pair up and say kind things to each other using a simple sentence starter:
 - "You are a leader when you..." or "You are kind because..."
- Say: "When we say kind things and take care of each other, we are being leaders and that's the Aavidum way."

WRAP-UP (5 MINUTES)**Ask:**

- "What do good leaders do?"
- "How can you be a leader at school?"
- "What does Aavidum say?"

Say: "Your job this week is to be a caring leader! Find one way to help someone else. It could be using kind words, sharing, or giving a hug or high five to someone who's feeling sad."