



TOPIC

Friendship

LEVEL

Kindergarten

THEME

What is a Friend?

LEARNING OUTCOMES

At the end of the lesson, the students are expected to:

- Explain what a friend is.
- Name ways to be a good friend.
- Practice showing friendship through kind words and actions.

MATERIALS

- Whiteboard or chart paper
- Markers
- Black square of paper (1 per student)
- Coloring supplies (crayons and/or markers)

ESSENTIAL QUESTIONS

- What is a friend?
- How do friends make us feel safe and happy?
- How can we be a good friend to others in our classroom and school?

CHECK-IN / WELCOME (5 MINUTES)

Say: "Today we're going to talk about friendship! Let's start by thinking about friends in our lives."

- "Turn to the person sitting next to you and tell them:
 - The name of a friend you like to play with OR
 - One thing you like to do with a friend."
- After 1 or 2 minutes of pair-sharing, bring the group back together.

Ask for volunteers: "Who would like to share what they talked about with their partner?"
Take 2 or 3 responses.

Say: "Friends help us feel happy and safe, and Aavidum means we all make sure no one feels left out. Today we'll learn how we can all be good friends and show Aavidum to one another."

GUIDED DISCUSSION / TOPIC INTRODUCTION (10 MINUTES)

Say: "Let's think about what a friend is. Friends are people who help us feel happy, safe, and included. Aavidum is about being a friend to everyone so nobody feels left out."

Ask:

- "Who is someone you call a friend?" (Call on 2–3 students.)
- "What do your friends do that makes you feel good?"
- "What can WE do to be good friends to others in our classroom?"

Write answers on the board or share as symbols under the heading, "A Friend Is..."

Examples: "Sharing toys," "Helping when someone is sad," "Playing together," "Using kind words."

Say: "When we do these things, we are showing Aavidum... that we've got each other's backs!"

ACTIVITY: FRIENDSHIP COLLAGE (20 MINUTES)

Instructions:

- Say: “Now we’re going to practice friendship with our bodies. I’ll call out a friendship action, and you show me with your body how you would do it!”
- Call out:
 - “Show me how you would invite someone to play.” (Wave or pat a spot next to you.)
 - “Show me how you would help a friend who dropped something.” (Bend down to pick it up.)
 - “Show me how you would cheer up a sad friend.” (Give a thumbs up or pretend to pat their shoulder.)
 - “Show me how you would share a toy.” (Pretend to hand something over.)
- Say: “Great job! Each of those actions helps us build friendship and makes our classroom a caring Aavidum place.”
- Say: “Now we’ll make a Friendship Collage! You will draw a picture of friends playing, sharing, or helping. When we put all our pictures together, it will show that friendship connects us!”
- Give each student a blank square of paper, crayons, or markers.
- Say: “Draw yourself being a good friend OR draw friends doing something kind together.”
- When done, students share their drawings aloud (“This is me helping my friend with their shoes,” etc.).
- Tape all squares together on a bulletin board or chart paper to form a big “Friendship Collage.”
- Say: “Just like our pictures connect, we are all connected when we show kindness and have each other’s backs. This is what Aavidum looks like in our classroom!”

WRAP-UP (5 MINUTES)

Gather students back into a circle.

Ask:

- “What is one thing you can do today to be a good friend?”
- “How does it feel when someone is a good friend to you?”
- “How does being a good friend show Aavidum?”

Say: “This week I challenge you to show friendship to someone you don’t usually play with. Invite them to join a game or say something kind. That’s how we show Aavidum. We make sure no one feels alone.”

End with a simple affirmation:

“I am a good friend. I can help others feel happy and safe.” (Students repeat.)