



TOPIC

Conclusion

LEVEL

Kindergarten

THEME

My Aavidum Garden

LEARNING OUTCOMES

At the end of the lesson, the students are expected to:

- Name ways to be a kind and caring friend.
- Show how they help others feel included at school

MATERIALS

- Flower templates
- Crayons or markers

ESSENTIAL QUESTIONS

- How can I help kindness and caring grow in our school?

CHECK-IN / WELCOME (5 MINUTES)

Gather students in a circle.

Say: "Today we're going to celebrate everything we've learned this year in Little Aavidum. Aavidum is all about making sure everyone feels cared for, accepted, appreciated, and included. That means we treat people with kindness and look out for one another!"

Ask:

- "Can anyone tell me something kind someone did for you this year?"
- "What are some ways we show we care for our classmates?"

Celebrate a few answers. Prompt if needed with examples like:

"Maybe someone let you play, helped you up when you fell, or gave you a big smile."

GUIDED DISCUSSION / TOPIC INTRODUCTION (10 MINUTES)

Say: "Let's pretend we're seeds getting ready to grow into flowers in our Aavidum Garden! But we can only grow if we are shown kindness."

Instructions:

- Have students crouch down like tiny seeds on the carpet.
- Say different scenarios aloud. Some will be kind while others are not.
- When students hear a kind action, they slowly grow, standing a little taller each time.
- If they hear something unkind, they stay crouched as a seed.
- Examples to say out loud:
 - "Someone shared their crayons with you." (grow a little)
 - "Someone said you can't play." (stay a seed)
 - "A friend helped you zip your coat." (grow more)
 - "Someone laughed when you made a mistake." (stay still)
 - "You gave someone a smile when they were sad." (stand tall)
 - "You told someone they couldn't sit with you." (stay crouched)
- Wrap it up once everyone is standing tall like flowers.

Say: "Look how beautifully you all grew when kindness and caring were shown. Our Aavidum Kindness Garden only grows when we treat each other with love, friendship, and support."

ACTIVITY (20 MINUTES)

Say: "Today we are going to grow something really special, a Kindness Garden! But we're not going to make our garden with water and seeds. Instead we're going to grow our garden with your hearts and ideas. Each of you will get a flower. You'll color it however you like. Then I will help you write or draw a way you've been a kind friend this year or something you've learned from Little Aavidum. Then we'll add all our flowers to our big Aavidum Garden to show how our kindness has grown throughout the year."

Instructions:

- Hand each child a flower template.
- Let them color/decorate the flower however they like.
- As they finish, go around and ask each student:
- "What is something kind you did or learned this year?"
- The teacher (or an aide) can write a short sentence on their flower like:
 - "I helped a friend who was sad."
 - "I learned how to share."
 - "I smile at new kids."
 - "I let someone join my game."
- If students are not verbal or unsure, or if going around to each student would take too much time, allow them to draw what they remember doing.
- When all students are finished, display all of the flowers together.
- Say: "Look how many ways we've helped kindness grow! Every flower is part of our garden because everyone's kindness matters."

WRAP-UP (5 MINUTES)

Ask:

- "What is one way you can keep growing kindness at school next year?"
- "How does it feel when someone is kind to you?"

Say: "You are all part of Aavidum, and that means we look out for each other, help each other, and always make sure no one feels alone. You are growing into amazing friends and leaders."