



TOPIC

Leadership

LEVEL

Sixth Grade

THEME

Be the Model

LEARNING OUTCOMES

At the end of the lesson, the students are expected to:

- Describe what it means to be a positive role model.
- Identify specific ways they can lead by example in their school.
- Demonstrate leadership by modeling behaviors that support others.

MATERIALS

- Chart paper or whiteboard
- Markers
- Model Cards
- Reflection Sheets
- Pens/pencils

ESSENTIAL QUESTIONS

- How can I be a leader by showing, not just telling?

CHECK-IN / WELCOME (5 MINUTES)

Say: Today's lesson is all about how we lead by example. You've probably heard someone say, "Actions speak louder than words," and in Aavidum, we believe that's true. We don't just say "I've got your back." We show it every day by how we treat others."

Say: "Let's do a quick check-in. Can we go around the room and can everyone think of one time in their life where they showed up as a leader."
Listen and validate student responses.

GUIDED DISCUSSION / TOPIC INTRODUCTION (7 MINUTES)

Ask:

- Who is someone you think of as a role model?
- What do they DO that makes them a leader?

Record answers on the board or chart under the heading: "What Good Role Models DO"

Then ask:

- What if that person told you to be kind, but you saw them being rude?
- Would you still follow their example?

Say: "Real leaders don't just talk. They live the message. That's why we want each of you to think about how you can lead by showing others what it means to support, accept, appreciate, and care."

ACTIVITY: BE THE MODEL (20 MINUTES)

Instructions:

- Split the class into small groups of 3 to 4. Give each group one "Model Card" that describes a situation where someone can lead by modeling positive behavior.

ACTIVITY (CONTINUED)

- Model Card Examples:
 - Card 1: A classmate is sitting alone at lunch and looking down. Others walk by and don't notice.
 - Model how an Aavidum leader could show support.
 - Card 2: During group work, one student isn't participating because they're shy.
 - Model how an Aavidum leader could make them feel included.
 - Card 3: A student shares an answer in class and gets it wrong. Some classmates giggle.
 - Model how an Aavidum leader could respond with kindness and encouragement.
 - Card 4: Someone gets picked last for the team in gym class and looks upset.
 - Model how an Aavidum leader could handle that moment.
 - Card 5: A friend says they're "just tired," but you sense something's wrong.
 - Model how an Aavidum leader could check in without pressure.
 - Card 6: You hear an unkind rumor being spread about a classmate.
 - Model how an Aavidum leader could respond without being hurtful.
 - Card 7: A student is new to the school and doesn't know where to go.
 - Model how an Aavidum leader could help and make them feel welcome.
 - Card 8: Your friend makes a mean comment about someone's appearance.
 - Model how an Aavidum leader could respond with courage and kindness.
- Say: "Your group will act out a short scene showing how someone can model the right behavior without lecturing, scolding, or just telling someone what to do. Show us what an Aavidum leader would do in this situation."
- Give groups 3 to 4 minutes to plan, then invite them to perform one by one. After each performance, ask:
 - What positive behavior was being modeled?
 - How did it show leadership?
- Celebrate thoughtful or creative examples with praise.
- Next, hand out a reflection sheet and say, "Let's take a few quiet minutes to think about how you can lead by example every day. You don't have to be loud or popular to be a leader. Sometimes the strongest leaders are the ones who just live the message without needing recognition."
 - Prompts:
 - One way I already model Aavidum is...
 - One way I want to grow as a leader is...
 - When I lead by example, others will see that Aavidum means...
- Optional: Students may decorate their papers and anonymously hang them on a "Model the Way" class board or hallway display.

WRAP-UP (5 MINUTES)

Say: "Before we finish today, let's recognize each other. When I say go, look quietly around the circle and think of someone who models leadership in their actions, someone who shows kindness, support, or courage without needing to be asked."

Allow silent thinking, then say: "Let's hear from a few of you if you feel comfortable, tell us who you thought of and why."

Say: "Leaders don't need spotlights. True leadership is about consistency, integrity, and heart. Aavidum starts with one voice, one action and you've shown today how powerful that can be. Thank you for being leaders who model what it means to have each other's backs for our school community."