



TOPIC

Leadership

LEVEL

Fifth Grade

THEME

Leading with Courage

LEARNING OUTCOMES

At the end of the lesson, the students are expected to:

- Recognize situations where courage is needed to do the right thing.
- Identify how leaders show bravery and integrity even when it's not popular.
- Commit to one courageous action they will take to support others with Aavidum values.

MATERIALS

- Courage Scenario Slides
- Large chart paper or whiteboard
- Markers
- Sheets of paper for a Courage Pledge (one per group)
- Tape or stapler

ESSENTIAL QUESTIONS

- What does it mean to be a leader with courage?
- Why is it sometimes hard to do the right thing?
- How can I be brave enough to stand up for others and live Aavidum's message?

CHECK-IN / WELCOME (5 MINUTES)

Say: "Today we're talking about something very important that all great leaders have: courage. Aavidum leaders look out for others, even when it's not the easy thing to do. That takes bravery and heart. Let's talk about what that really means."

Ask:

- "What does the word courage mean to you?"
- "Can you think of a time you did something brave?"

Write student responses on the board or chart paper under a heading: "What Courage Looks Like."

GUIDED DISCUSSION / TOPIC INTRODUCTION (5 MINUTES)

Say: "Courage is doing the right thing, even if you're scared. It's speaking up when someone is being left out. It's showing kindness when others are being mean. It's standing by a friend when no one else will. That's leadership and that's what Aavidum is all about. We create a school where everyone knows they're accepted, appreciated, acknowledged, and cared for and that takes courageous people like you to step up."

ACTIVITY: WHAT WOULD A COURAGEOUS LEADER DO? (20 MINUTES)

Instructions:

- Divide students into small groups.
- Display a Courage Scenario on the board.
 - You see someone eating alone at lunch every day.
 - A classmate is getting teased because of how they dress.
 - Your friend tells a secret that worries you.
 - You hear a rumor being spread about someone.
 - You forgot to do your homework, but your friend offers to lie for you.
 - A new student looks nervous and lost in the hallway.
 - Your group excludes someone during a game at recess.
 - You notice your friend has been very quiet and seems sad lately.
 - You disagree with your friends about something, but you're scared to speak up.
 - Someone makes a joke that hurts another person's feelings.
- Groups will read each scenario, discuss, and answer:
 - "What would a courageous leader do?"
 - "What would an Aavidum leader do in this moment?"
- After discussion, each group shares their response with the class.
- Give each group a Courage Pledge Sheet and invite students to complete this sentence:
 - "I will be a courageous leader by..."
- Examples:
 - "...standing up for someone being left out."
 - "...telling the truth even when I'm scared."
 - "...asking a friend if they're okay."
- Instruct students that each group member needs to contribute a sentence to the Courage Pledge Sheet. Allow them to decorate their sheets.
- If time allows, have students go on a gallery walk to look at each group's sheet.

WRAP-UP (5 MINUTES)

Say: "Aavidum is about having each other's backs. Sometimes that takes real bravery. But the more we practice being courageous leaders, the easier it becomes. This class is full of brave hearts. I believe in each of you."

Ask:

- What did you learn about being a courageous leader today?
- Why is it sometimes hard to do the right thing? What helps you find the courage anyway?
- How does having an Aavidum mindset help you be more courageous in tough situations?

Say: "This week, I challenge each of you to do one brave thing that shows you're a courageous Aavidum leader. It might be checking on someone who looks upset, speaking up when someone is being unkind, or simply including someone new. It doesn't have to be big, just real. Courage starts with small actions that make a big difference."