



TOPIC

Friendship

LEVEL

Fourth Grade

THEME

Managing Conflict

LEARNING OUTCOMES

At the end of the lesson, the students are expected to:

- Identify common friendship conflicts.
- Practice respectful problem-solving skills when they disagree with a friend.
- Explain why listening and empathy are important in friendships.

MATERIALS

- Whiteboard or Chart Paper
- Markers
- Feelings Chart
- Conflict Solving Steps Visual Aid
- Scenario Cards

ESSENTIAL QUESTIONS

- What happens when friends disagree?
- How can we solve friendship problems respectfully?
- Why is it important to listen to each other during a conflict?

CHECK-IN / WELCOME (5 MINUTES)

Say: "Today for our Little Aavidum lesson, we're going to talk about something that happens to EVERY friendship: disagreements and conflicts. Even the best friends don't always agree and that's normal and okay! What matters is how we handle it."

Show emotions chart.

Ask: "Let's check-in with each other today by pointing to the face that shows how you're feeling today."

- Briefly acknowledge a few responses.

GUIDED DISCUSSION / TOPIC INTRODUCTION (10 MINUTES)

Say: "Sometimes friends disagree. Can anyone give an example of a small conflict between friends?"

- Examples: Wanting to play different games, both wanting the same seat, saying hurtful words by accident.
 - Write student examples on the board.

Say: "A conflict doesn't mean the friendship is over. It means we need to work through it respectfully. Let's talk about some ways friends can fix problems."

Ask discussion questions:

- What happens when friends don't agree?
- What does it feel like when you're in a conflict with a friend?
- Why is it important to stay calm and listen during a disagreement?

Key points to highlight:

- Friends can disagree and still be friends.
- Listening is just as important as talking.
- Respect means no name-calling, yelling, or ignoring each other.

ACTIVITY: FRIENDSHIP FIX-IT (20 MINUTES)

Say: "We are going to practice how to solve friendship conflicts by acting out short role-plays. This will help us learn kind and respectful ways to handle problems. But before we practice, let's go over some conflict solving steps."

Display Conflict Solving Steps and review:

1. Pause and Calm Down
 - a. Take a deep breath before you speak.
 - i. Ask students to practice taking a deep breath here to show how they would accomplish this step.
2. Share Your Feelings
 - a. Use "I" statements: "I feel upset when..." instead of blaming. Speak kindly so the other person will listen.
3. Listen to Each Other
 - a. Take turns without interrupting. Show you care by looking at the person and nodding.
4. Think of Solutions Together
 - a. Brainstorm ideas as a team. Ask: "What can we both do to make this better?"
5. Choose a Fair Solution & Move Forward Positively
 - a. Agree on a plan that works for both of you. Shake hands, give a high five, or say, "Thanks for working it out."

Say: "I'll leave our Conflict Solving Steps in the front of the room for you to look at as you practice with your small group."

Instructions:

- Split students into small groups of 3 or 4.
- Give each group one conflict scenario card.
- Groups have 2 or 3 minutes to discuss and act out a respectful way to solve the problem.
- Each group performs their role-play for the class.

Teacher prompts during role-plays:

- "What could you say to show you are listening?"
- "How can we solve this problem without arguing?"
- "What is a fair compromise?"

WRAP-UP (5 MINUTES)

Say: "Today we learned that it's normal for friends to have conflicts, but how we handle them is what matters most."

Ask closing questions:

- "What is one kind thing you can say during a disagreement?"
- "How does it feel when a friend really listens to you?"
- "What will you try next time you have a conflict?"

Challenge:

Say: "This week, if you have a disagreement with a friend, I challenge you to:

- Stay calm.
- Listen to their side.
- Use kind words to fix it."