

**TOPIC**

Leadership

LEVEL

Third Grade

THEME

Together We Lead

LEARNING OUTCOMES

At the end of the lesson, the students are expected to:

- Explain what teamwork means and why it matters in leadership.
- Work with others to complete a task that requires cooperation.
- Reflect on how leaders include, listen to, and support their team.

MATERIALS

- Large plastic cups (one per group)
- Rubber bands (one per group)
- 4-6 strings per group (about 18 inches each, tied to each rubber band)

ESSENTIAL QUESTIONS

- What does it mean to be a team leader who works with others instead of trying to do everything alone?

CHECK-IN / WELCOME (5 MINUTES)

Say: "Today we're going to talk about something that great leaders do and that's working as a team. Being a leader doesn't mean doing everything by yourself. A true leader helps others, listens to their team, and shares ideas. In Aavidum, we work together and always have each other's backs. Let's do a quick stretch or shake out our hands because teamwork takes energy!"

Ask:

- "What does teamwork mean to you?"
- "Can someone be a leader and a good teammate at the same time? Why or why not?"

GUIDED DISCUSSION / TOPIC INTRODUCTION (5 MINUTES)

Say: "Sometimes people think leaders are the ones who always tell others what to do. But in Aavidum, we believe that the best leaders are the ones who help everyone shine."

Ask these guiding questions one at a time, allowing students to share aloud or with a partner:

- "Have you ever been on a team before?"
 - Prompt if needed: "A team can be in sports, class projects, games, or even with your family."
- "What made that team work well... or not so well?"
- "What happens if someone on a team tries to do everything themselves?"
- "Do you think that person is being a leader? Why or why not? What could they do be a better leader?"
- "What do you think a great teammate or team leader does?"

Say: "When you say 'I've got your back,' it means you're not just looking out for yourself. You're noticing others, helping them, and showing kindness. That's what teamwork is all about. Now let's try an activity where we'll need to be strong Aavidum leaders who are working together, listening, and helping each other to reach a goal."

ACTIVITY: CUP STACK CHALLENGE (20 MINUTES)**Instructions:**

- Divide students into small groups (3 to 4 students per group).
- Give each group 6 plastic cups and 1 rubber band with 4 to 6 strings tied to it (1 string per student)
- Challenge Instructions:
 - "Your goal is to stack all 6 cups into a pyramid, but you cannot touch the cups with your hands. You'll each hold one string and use your teamwork to stretch and move the rubber band to lift, place, and stack the cups."
 - "Remember this challenge is not about speed. It's about working together, communicating, and making sure everyone has a voice like Aavidum leaders do."
- Observe and encourage students. If a group finishes early, give them a new challenge like building a taller tower using cups and other materials around the classroom, building with their eyes closed, or completing a tower in silence.
- Bring students back together and ask:
 - "What was the hardest part of the challenge?"
 - "What helped your team be successful?"
 - "Did everyone get a chance to lead or share an idea?"
 - "How did this show what a real Aavidum leader is like?"
- Connect: "This challenge shows us how leadership isn't just about being in charge. It's about helping your team shine. Great Aavidum leaders listen, include others, and support the whole group. You don't need to be loud or bossy to lead. You just need to care."
- Have each student give a Teamwork Shout-Out to someone in their group:
 - "I want to give a shout-out to ___ because they showed great teamwork by ____."
- Encourage respectful listening and clapping for each shout-out.

WRAP-UP (5 MINUTES)

Say: "Your challenge this week is to be a Teamwork Leader in your classroom and school. Look for moments where you can include someone, listen to others' ideas, or help your team succeed. Aavidum leaders show support not just with words, but with actions."

Ask: "What's one way you'll be a Teamwork Leader this week?"
Allow each student to share.