

TOPIC

Friendship

LEVEL

First Grade

THEME

Web of Friendship

LEARNING OUTCOMES

At the end of the lesson, the students are expected to:

- Name at least one quality of a good friend.
- Explain how friendships connect people in a positive way.

MATERIALS

- Ball of yarn
- Chart paper or whiteboard
- Markers
- Optional: small scissors (to cut yarn pieces for students)
- Visual aid: image of a spider web

ESSENTIAL QUESTIONS

- What makes someone a good friend?
- How do good friends show kindness and support for each other?
- How are friendships like a web that connects us?
- How can I be a good friend and show others "I've got your back"?

CHECK-IN / WELCOME (5 MINUTES)

Say: "Today we're going to talk about friendship and what it means to be a good friend."

Emotion Check-in: "Before we start, let's do a quick feelings check. Show me with your thumb how you feel today: thumbs up for happy, sideways for okay, down for not so good."

Say: "No matter how we're feeling today, being with our friends can help us feel better. Aevidum means 'I've got your back,' and today we'll see how friendship connects us all."

GUIDED DISCUSSION / TOPIC INTRODUCTION (10 MINUTES)

Ask: "What makes someone a good friend?"

Write student responses on chart paper or on the board (kindness, sharing, helping, listening, honesty).

Clarify & Expand:

Say: "Sometimes we think friends are just people we have fun with, but true friends also help us, listen to us, and care about our feelings."

Introduce Web Concept: Show a picture of a spider web (or draw one quickly).

Say: "A web connects all the pieces together. Today we're going to make a friendship web to show how we are all connected through kindness and friendship."

Hold a ball of yarn.

Say: "If I say a friend is someone who is kind, I hold the yarn and then pass it to someone else who says another quality, like 'helpful.' We keep passing the yarn and build a web!"

ACTIVITY: FRIENDSHIP WEB (20 MINUTES)**Instructions:**

- Have the students sit in a circle.
- Set expectations: "We will take turns, listen respectfully, and only speak when it's our turn."
 - Note that yarn can tangle quickly. Have a helper untangle as you go, or pre-wind smaller balls if you have a large group.
- Start: Teacher holds yarn. "A good friend is... kind!" (Hold one end of yarn and toss the ball to another student.)
- Student catches yarn, shares their word, holds their piece, tosses to next student.
- Continue until all students (and adults, if present) have shared.
- Reflection: Once the web is complete, say: "Look at this web! This shows how friendship connects all of us together. When we're kind and helpful, we build stronger connections."
- Optional: Cut a small piece of yarn for each student to wear as a bracelet reminder of today's activity.

WRAP-UP (5 MINUTES)**Ask:**

- "How did it feel to see how we're all connected in our friendship web?"
- "What is one way you can be a good friend this week?"

Say: "Just like this web ties us together, our acts of kindness and care keep our friendships strong. Aavidum means 'I've got your back,' and when we're good friends, we show that to each other every day."

Challenge:

Say: "Your challenge this week is to show one of the qualities we wrote down to a friend, maybe help them, listen to them, or give them a kind word!"