



TOPIC

Conclusion

LEVEL

First Grade

THEME

The Aavidum Alphabet

LEARNING OUTCOMES

At the end of the lesson, the students are expected to:

- Name and describe words that show kindness, care, and acceptance.
- Help create a class chart that shows what a kind and supportive school looks like.
- Understand that the words we use shape how others feel at school.

MATERIALS

- Large chart paper or whiteboard
- Alphabet letters written vertically down the side (A–Z)
- Index cards
- Markers

ESSENTIAL QUESTIONS

- What do the words we use say about our school?

CHECK-IN / WELCOME (5 MINUTES)

Say: "Today we're going to do something special together. It's called the Aavidum Alphabet. As we've discussed this year, Aavidum is a word that means: 'I've got your back!' That means we care about each other, help each other, and make sure no one feels left out."

Ask: "What are some ways we can show that we've got each other's backs?"
Go around the room and let every student share.

GUIDED DISCUSSION / TOPIC INTRODUCTION (10 MINUTES)

Say: "Before we build our Aavidum Alphabet, let's warm up our brains. I'm going to say a letter, and I want you to shout out any kind or caring word that starts with that letter."

Call out a few letters randomly and let students respond.

For example:

C = care, cuddle, cheer up

L = love, listen

H = help, hug

S = smile, share

Celebrate all answers. There are no wrong responses.

ACTIVITY (20 MINUTES)

Instructions:

- On large paper or the board, write out the alphabet vertically, A to Z.
- Say: "Now we're going to work together to make our own Aavidum Alphabet. Each letter will stand for a word that shows how we care for each other at school. Let's build it together."

ACTIVITY (CONTINUED)

- Go letter by letter (you can skip a few letters if needed for time or difficulty).
- Ask students to suggest a word for each letter.
- Write the word next to the letter.
- For some letters, offer clues or a few examples if students get stuck.
- Here are some examples in case the class gets stuck:
 - A = Accept
 - B = Brave
 - C = Care
 - D = Dance (to cheer someone up!)
 - E = Encourage
 - F = Friend
 - G = Grateful
 - H = Help
 - I = Include
 - J = Joy
 - K = Kind
 - L = Listen
 - M = Mind
 - N = Nice
 - O = Open (heart/mind)
 - P = Peace
 - Q = Quiet (when someone needs calm)
 - R = Respect
 - S = Smile
 - T = Thank you
 - U = Understand
 - V = Value
 - W = Welcome
 - X = XOXO (hugs and love)
 - Y = You matter
 - Z = Zip up someone's coat (helpful!)
- If time permits, give each student an index card and assign them a letter and word from the chart.
- They can draw a picture or decorate the word and then tape it around the chart to make it more personal and visual and complete the alphabet.

WRAP-UP (5 MINUTES)

Ask:

- "What are some of your favorite words from our Aavidum Alphabet?"
- "How do those words help people feel safe and cared for in school?"

Say: "When we use kind words, we're showing people that we've got their backs. Our words are powerful and they help grow a school that's full of Aavidum!"

End with a chant:

"A is for Aavidum. We've got your back!"