



aevidum

HOSTING A TALK

The Talk is Aavidum's signature high-energy, interactive, student-facilitated mental health and suicide prevention kickoff workshop.

TRAINING OPTIONS:

There are three options to gather student leaders for your workshop:



Aavidum Trainer trains your students to facilitate the workshop



Aavidum Trainer trains your student to facilitate the workshop alongside experienced student leaders from another school



Aavidum Trainer brings experienced student leaders from another school to facilitate the workshop

To have your own students trained to be student facilitators, the Aavidum Trainer will travel to your school during the week of the training to train a team of 10-20 students. The training takes approximately three hours and can be held during school, right after school, or in the evening (depending upon schedules).

WORKSHOP NEEDS:

- Large space that can accommodate up to 200 participants (auditorium)
- Audio visual equipment (2 microphones, ability to show videos with sound)
- 2 folding tables for registration
- Lunch for participants

WORKSHOP COSTS:

Aavidum is committed to keeping its programming free of charge to schools. Our team will work with your school to collaboratively seek sponsors who are willing to help underwrite the workshop expenses. Workshop expenses include workbooks and materials for participants, start-up supplies for each school to take home to help launch their Aavidum initiatives, and lunch.

SAMPLE AGENDA:

8:00am

Student leaders set up space

8:30am

Participating schools begin arriving; student leaders greet and help with registration

9:00am

Workshop begins with large group introduction to Aavidum

10:30am

Students break into small groups facilitated by student leaders while adults meet with Aavidum's Director of Outreach

11:30am

Return to large group

12:00pm

Individual schools reconvene to strategize about next steps while having lunch

12:15pm

Return to large group for open mic and group picture

1:00pm

Dismissal

Times can be adjusted to accommodate schools' schedules.